

# clarke college COURIER

April 15, 2010

dubuque, iowa

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Issue No. Nine



photo by all herbst

**Diversity by Clarke:** the new Alliance club on campus hosted its first annual Diversity Show featuring three drag queens, two dancers from Loras, and steppers from UD. Full story on page 3.

## campus life



Don't worry, we have tips to help you survive your new summer job.

## arts etc.



"The 25th Annual Putnam Spelling Bee" comes to Clarke.

## sports



Why wii? Does Wii provide a fitness workout?



Chance of T-Storm  
High 74 Low 49

## Grad gowns go green

dave beals  
staff writer

Clarke seniors will be wearing something new this graduation. Clarke's bookstore is now selling biodegradable caps and gowns. If the students don't want to keep the cap and gown, they can throw them away with a clean and green conscience because they are made of biodegradable and recycled materials. But there is some confusion about what exactly biodegradable means.

"Oh man, I'm going to be wearing a tree for graduation," said senior Kirshna Selchow, Spanish and secondary education major, of her first reaction. "Then I calmed down and thought it might be okay. However, I'm not going to throw it away, so why does it have to be biodegradable?"

According to bookstore manager Heidi Ellingboe, the new gowns will last about one year

**"Oh man, I'm going to be wearing a tree for graduation!"**

once they are in the soil. They are part of the Elements Collection by Jostens Corporation, a company that sells supplies to colleges. Jostens will contribute one dollar to support environmental sustainability when the student redeems his or her Elements Collection hang tag online.  
**Continued on page 2**

## Seeking More Users: Honors House

pete dudek  
arts & ect editor



photo provided by andy bishop

A reward for classroom and academic diligence, the Clarke Honors House is supposed to be a place where Honors students can enjoy a relaxing study atmosphere, as well as a place to hang out. It sounds like a great idea, but some feel the house is not being utilized to its full potential.

The house across next to TDH parking lot was previously owned by the Dean of Undergraduate Students Graciela Carneiro-Livingston. It contributes to the completeness of the Honors Program, being that the National Collegiate Honors Council deems that an attribute of a full honors program is that it has a designated space.

"The students were really excited at first," said Andy Bishop, junior English, math and secondary education major.

"Once we found out we had an Honors House we painted all the walls and added some tables, chairs and couches, which was a great idea for a study atmosphere," said Andy.

There is a kitchen area with a microwave, an oven and a refrigerator, as well as a full bathroom and individual study rooms upstairs. However, once the painting was done and furniture in place, the house was not heavily used outside of the weeks leading up to midterms and finals. **Continued on page 8**



April 15, 2010

## Financial aid bill changes student loan process

lisa gibbs  
photo editor

Forgiveness is great, especially when a shorter loan forgiveness turnaround time has been mandated. The government will forgive students' loan balance after 20 years for those who make their payments on time. Finally, some exciting news for teachers, especially; teacher's remaining debt after 10 years will be forgiven. This applies to nurses, police officers and men and women in the military as well.

Many students are aware of the Health Care Reform Bill, but what students may not be aware of is that President Obama also passed a bill that was in the Health Care Reform Bill that directly affects Clarke students. This bill was

proposed and passed by the House last year, but was shot down by the Senate, receiving fewer than 60 votes. It will take effect July 1, 2014. The bill affects the process of how financial aid money is handled.

There are two types of student financial aid: FFELP and Direct Loans. Previously, the Federal Family Education

Loan program (FFELP), in which money was borrowed from a private lender, was the primary loan form at Clarke. This coming fall Clarke is making the switch to Direct Loans, borrowing money directly from the government. The new

process essentially eliminates the middle man. The money from Direct Loans, from the government, will come straight to Clarke's Financial Aid Office, rather than the bank issuing checks to students. The money will be placed in Student

START HERE  
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FEDERAL STUDENT AID

Accounts and will then be applied to the student's bill. A refund check will be issued if the balance exceeds payment.

To receive Direct Loans, a little paperwork is necessary. "The paperwork is online and it only takes 20 minutes," said Terry

Kruse, Clarke assistant director of Financial Aid. "All you need is two references--only one can be a family member--and your driver's license." The web site students need to go to make the switch is [www.dlenote.ed.gov](http://www.dlenote.ed.gov). This must be done before fall for returning Clarke students. No reason to panic, it is only a little paper work with all summer to complete it, but the sooner the better.

Clarke has chosen to make the switch next semester so the transition goes smoothly. The key to the bill is to cut out the middle man, saving money and using less of taxpayers' money. Moving the money directly to the college instead

of local banks eliminates wasted time, money, and effort.

President Obama said, "The reform of the federal student loan programs will save taxpayers \$68 billion over the next decade." With this money saved, more aid will be applied to Pell Grants, which will benefit more people striving for a higher education.

The new aid process will not affect the amount of money borrowed, but it will give students a greater opportunity during the turnaround time to repay Direct Loans.

## Spring Cleaning Your Relationship?

### April tops months for break ups

kristen koester  
staff writer

*If you love something, set it free; if it comes back, it's yours, if it doesn't, it never was.* —Anonymous.

The young are, in fact, restless. New relationships are always exciting and may seem like the best option at the time, but a turning point such as the end of the school year can bring a lot of turmoil when thinking of the future.

Little things like boredom may have set in and looking forward into the unknown can be scary. Things may seem easier if all ties are cut for a "no strings attached" type of summer.

There is a "Spring Cleaning" expression, meaning that college relationships often end in the spring right before the semester ends. In a way it is similar to the "Turkey Drop" myth which maintains relationships that are not strong will end around Thanksgiving to avoid dealing with the hassle of the holidays.

Statistics have shown that most college-affiliated romantic relationships that end, end in the spring right before finals. They end before summer, before students move back home, and before life multiplies people's busyness by ten.

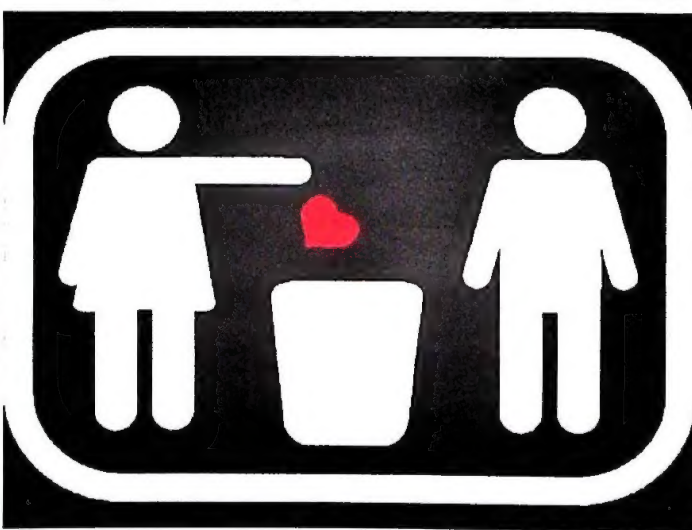
ships when each one is different. Most college relationships seem more fun than serious; almost as if they are entertainment for your time spent here, but I do also believe that you can find real love in college if both people are truly looking for it.

"I don't want to be known by the guy I'm with or known as the girl with the boyfriend," says Ashley Shields, junior nursing major. "I want to be myself without worrying about being judged. I enjoy making decisions independently, and at this time in my life, I think it's

"Just don't date," says junior nursing major Brittany Batteram with a gigantic grin on her face. "Summer time is known for fun and freedom. Maybe some couples break up in April because they realize it just

isn't worth their time or maybe there just isn't enough chemistry between the two to fight for the relationship."

This so-called "Spring Cleaning" may not always be a bad thing. It takes time to find the right person, and if the relationship can't withstand a summer vacation with some time apart, then it definitely isn't the right one. And then if you do break up, there's always next fall



## Green Grad Gowns, cont. from page 1

"It seems like a waste of resources to invest in a gown that will only be worn once, then spend years sitting in a closet or get thrown in the trash," said senior Elizabeth Spoerl, drama and math major. "At least with the new gowns, I know they will serve their purpose, then decompose in a few years."

The bookstore also has a green display of other eco-friendly items, from T-shirts to writing pads. The display includes recycled notebooks and filler paper by Environotes. And there are Zebra eco pens made from recycled materials that use 75 percent post-consumer waste materials.

Clarke's bookstore also uses three sizes of shopping bags made from recycled materials and your textbooks come in recycled/reusable, eco-friendly book bags. The bags are not only green in color to remind you that you're helping the environment, but also can give you a discount on future purchases if you bring in the bag.

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The Courier is a student-produced newspaper for the Clarke community. Opinions expressed herein do not necessarily reflect the opinions of the faculty, staff or administration of the college. The Courier welcomes input from members of the Clarke community. Please send comments to MS 1801, Clarke College. Letters must be signed and may be edited for content and length.

April 15, 2010

Diversity Stri

all herbst  
staff writer

of the routine new fo another Tw traditio African animat The variety Gaga's Aguler Two sophom Gina alum, g display perform for auc receiving This a way f awarene campus enjoy, a commu "Eve backgro sophom

For empty seats remained in Jansen Mass Hall last Saturday at 7:30, as 200 people gathered to see what Clarke's new club had in store. Acts included traditional dances by Loas students, an introduction to the UD fraternities and three surprise dances, two outstanding vocalists from Clarke, as well as three drag queens, one from Clarke, and two from the outside community.

The show started with an energetic musical performance by Roxi Heart and Kira Vele wearing attention-grabbing sequenced dresses. The host, known as Rhythm Vele-Heart, performed three times, as well as introducing each act, engaging the audience with humor, and, of course, a multitude of

Two UD fraternity members gave a brief introduction to the mission



Left to Right: Clarke soloist Callie Fitzgerald, Roxi Heart, Dubuque performer.

Defying Stereo



den



# Diversity Strikes a Pose at Alliance Show

**ali herbst**  
staff writer

Dubuque performer Kyra Vitale  
photos and page layout by ali herbst



Left to Right: Clarke soloist Callie Fitzgerald, Sandra Anaya (Loras), Gina Pemberton (Clarke alum), and Roxi Heart, Dubuque performer.

**molly mccormick**  
back page editor

Josh hopes that the Clarke Diversity Show becomes a yearly tradition. He is already planning for next year and wants to include more students from Loras and University of Dubuque in the show as well.

**"Drag is a way to get myself out there."**

But Josh's secret passion is for drag and he has been dressing in it for two years. His drag name is Rylynn Vitale-Heart. Rylynn is a Broadway girl at heart who made an appearance at the Clarke Diversity Show. But this was not Rylynn's first show; Josh participated in his first

clarke courier

**clarke college**  
**Courier**  
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Editor

**Justin Curry**  
Editor

**Time Fry**  
**Campus Life**

olly McCormick  
ck Page

THE MOUNTAIN

Sp...  
ther just

Heather  
on Thursday  
Helen Hays

10

1. *Staphylococcus aureus*

1. The first step is to identify the problem or question that needs to be answered. This involves understanding the context and the specific requirements of the task.



# CAMPUS LIFE

April 15, 2010

## Jane Gassmann leaves her mark on Clarke



Jane Gassmann is leaving Career Services after four years.

heather haas  
staff writer

For the past four years, Jane Gassmann, internship coordinator for Clarke Career Services, has served as a great reference point for students seeking information on internships and career opportunities. Gassmann joined Career Services in the fall of 2006 and is now retiring.

"Jane helped me get my internship last summer by giving me tips for interviews," said Lindsey Wilson, junior graphic design major. "She is really easy to

talk to, which made my meeting with her a lot more comforting." Gassmann graduated from Clarke in 1971. "It was great going back to the college I graduated from," said Gassmann. "It has changed and grown in different ways, but the core remains the same. There is an energy about the student body, with fresh faces coming in each year. The academic environment at Clarke is really special."

Gassmann said that when she

attended Clarke, the campus looked and felt quite different than the campus today. The student body was 100

percent female and many of the staff and faculty positions were held by BVM sisters. "Although the fine arts are still at the core of the Clarke experience, there are more majors, more sports, more extracurricular activities than when I was a student," said Gassmann. "Students are now encouraged to take advantage of internships, service learning and study abroad, which makes today's Clarke experience even bigger and better than my experience because classroom and real-life learning merge more often."

### "Jane has raised the bar for Clarke's Internship Program."

With the economy down, Gassmann said her job is more challenging. "It's important that students have the right tools so that their

job search can be most effective, which makes the Career Services Office more important than ever," she said.

Gassmann said leaving Clarke was a difficult decision for her. Her husband Stan is retiring in October, so it seemed like the right time for her to retire as well.

"Jane has raised the bar for Clarke's internship program," said Martha Intveld, assistant to the directors of Counseling and Career Services.

"Her work ethic and her professional rapport with students, faculty and employers have been invaluable. We will miss her immensely."

Jane and her husband plan on spending time with their children as they anxiously await the arrival of their first two grandchildren this summer. They are also planning on being more involved with

their church and are traveling to Maine later this summer. "Knowing that I've had a positive impact on others,

and seeing students grow has made for a very fulfilling career," Gassmann

said Clarke has a strong, hard-working student base, and I've enjoyed working with them, as well as with a supportive faculty and staff."

"Jane was very supportive in helping me to succeed in my internship my junior year," said Kelsey Kuepers, senior music education major. "When I came back for help with my resume and cover letter my senior year, she remembered me and was so helpful in fixing both of those. She is a great lady who truly cares about the students and about helping us to succeed. She has been a great asset to Clarke and will be missed by us all."

## Take a Deep Breath

## Tips for surviving that internship or new job

heather jansen  
staff writer

It is the first day at your new summer job. What do you wear? How do you act? What if you mess up? What if you have no idea what you are doing? Is this even worth it? These are a few questions that might be running through the anxious minds of students beginning a new summer job or internship. It can be scary entering a new environment filled with people who have seniority and who have experience beyond your status as a student. Here are a few guidelines you can follow when preparing for a new work experience.

**Step 1: Make sure you dress appropriately.** It is important to consider your surroundings and the nature of your job. For example, do not wear heels or dress shoes if you are coaching or involved in something physical. The end result just might be humiliating for you if you end up on the floor when you are supposed to be teaching, not showing them what not to do. Also, please keep yourself covered up when you are in a conservative setting.

**Step 2: Breathe.** Nobody wants to hire someone who shows up to do a job and practically passes out or begins to hyperventilate because they cannot handle the pressure. Fact: it's life and it's not easy; deal with it. Do not freak out. Have some confidence.

### Step 3: Be accepting of criticism.

Constructive criticism is a form of feedback, and even though you may think you know enough to get by, "enough" will not cut it, and you do not want to just "get by." You know you can give criticism; now it's your turn to learn how to take it. There is always room for learning and for improvements or adjustments. The job market is not exactly stellar.

**Step 4: Exceed the expectations that the job or internship requires of you.** Go above and beyond. Show your employer that you are not just someone who can handle a few simple tasks. You are someone who is organized and versatile. Staying five extra minutes or showing up early will not kill you.

**Step 5: Act professional and mature.** This may be your biggest task yet, as

most of us do not yet understand the concept of maturity. A mature attitude establishes a good reputation and makes the transition go just a little smoother.

For example, a nice firm handshake shows you're interested, you're professional, and you have decent manners even if you don't.

**Step 6: Be open**

to new relationships with new people. There is a thing called "contacts" and they are people who will help you achieve your future career goals. After all, it's not about what you know, but who you know. If you remember nothing else from this article, remember that.

**Step 7: Think of the big picture.** Do not be so narrow minded that you do not realize how important this experience is to furthering your education. This is not some class where you get

the option of gazing out the window for hours while a teacher talks about something that does not interest you. Stay involved and soak up everything you can. Experience in the real world will put you ahead after graduation.

**Step 8: Ask pertinent questions.** If you do not understand something, then ask! Employers are not your mothers and will not hold your hand. It's time to grow up and take the initiative.

**Step 9: Be prepared.** It is important to know a little bit about the company you will be working for. Do not assume you can skirt by without having a clue what the company does or why. Establish yourself by displaying a little bit of knowledge.

**Step 10: Have fun!** This is not rocket science; it is life and life is about learning and enjoying the steps as you go.

Now you have the chance to relax, at least you should be relaxed by now: Step three says "breathe" and don't freak out, if you were paying attention at all. The first day at either a job or internship go in with a calm, rational, confident, and mature attitude. Believe it or not some of us, who have had new jobs and internships before, have endured with only a few minor bumps and bruises. All in all you will probably survive.



<http://blog.howdesign.com>

April 15, 2010  
A Lesson in Ethics

pete dudek  
arts etc. editor  
As the title suggests, this book's author and main character Tucker Max faces eternal damnation. This is not because he's a God-fearing atheist, or even a non-Christian, but because he is the worst kind of

"I Hope They Serve Beer in Hell" is a novel but a series of short stories, all of which involve the misadventures of a Duke Law school student and several of his friends. He leads a life of selfish de-

bauchery and complete indulgence. The humor in the book could be called broadly satirical, but it is more to this book: and for the most part, it is. Guys will definitely relate more to this book: because the most disgusting moments you've

experienced in the locker room, add alcohol, subtract conscience and social graces, and you arrive at Tucker Max's club. An excerpt from his trip to Vegas helps define the type of character he is:

"I immediately pull her into the bathroom hallway, where we start making out so intensely we could have been giving each other CPR. This club, instead of separate men's and women's bathrooms, has four unisex bathrooms. And the bathrooms have those really cool types of doors that are totally clear glass when unlocked, but frost up when you lock them."

In an attempt to further define his own character, Max printed a reader response on the back cover of the book: "I find it truly appalling that there are people in the world like you. You are a disgust-

25th Annual  
PUTNAM COUNTY  
Spring Bee

Music and Lyrics  
by William Finn  
Book by  
Michael Shenken

Photo taken by Pete Dudek

Betsy Brown	What is the list?
Frederick Cullen Business Major	"If it Me by A.D."
George Reed	
Sophomore Art/Psychology Major	
Ben Delan	
Frederick Education Major	



# ARTS Etc.

5

April 15, 2010

## A Lesson in Ethics - Tucker Max's "I Hope They Serve Beer in Hell"

pete dudek  
arts etc. editor

As the title suggests, this book's author and main character Tucker Max faces eternal damnation. This is not because he's a God-fearing atheist, or even a non-Christian, but because he is the worst kind of human being imaginable.

"I Hope They Serve Beer in Hell" is not a novel but a series of short stories, all of which involve the misadventures of a Duke Law school student and select friends. He leads a life of selfish debauchery and complete indulgence.

The humor in the book could be called boyishly-immature bathroom-humor, and for the most part, it is. Guys will definitely relate more to this book: Imagine the most disgustingly foul/inappropriate/hilarious moments you've concocted in the locker room, add alcohol, subtract conscience and social norms, and you arrive at Tucker Max's life. An excerpt from his trip to Vegas helps define the type of character he is:

"I immediately pull her into the bathroom hallway, where we start making out so intensely we could have been giving each other CPR. This club, instead of separate men's and women's bathrooms, has four unisex bathrooms. And the bathrooms have those really cool types of doors that are totally clear glass when unlocked, but frost up when you lock them."

In an attempt to further define his own character, Max printed a reader response on the back cover of the book: "I find it truly appalling that there are people in the world like you. You are a disgust-

ing, vile, repulsive, repugnant, foul creature. Because of you, I don't believe in God anymore. No just God would allow

"The humor in the book could be called boyishly-immature bathroom-humor, and for the most part, it is."

someone like you to exist."

If you are a woman, I'd recommend you don't read this book. You will lose all faith in finding a good man. Tucker Max is a prime example of how crass men can be, and if you one day hope to find "Mr. Right" to settle down with, he will convince you that no such man exists.

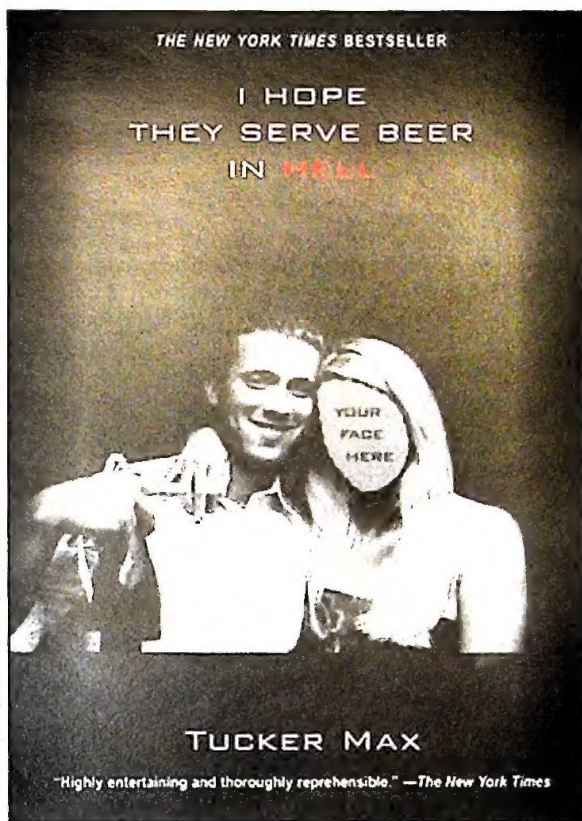
The book features short stories that represent the individual "chapters" throughout Max's life. Some of the less vulgar ones are titled: "The Night We Almost Died," "Tucker Goes to Vegas," "This'll Hurt Just a Little," and "The Dog Vomits Story."

Tucker also includes his own appendixes, titled "The Tucker Max Female Rating System," and "The Tucker Max Drunk Scale."

Entirely vulgar and wrought with profanity, drunken escapades, and complete ignorance of consequences, Tucker Max imparts on his readers the joy of living life at the indulgence of every whim. Most of us do not share the luxury of having no soul or conscience, so, before you read, bear in mind that this was writ-

ten to entertain, not set a personal lifestyle goal.

Past the halfway point of



www.swaptree.com

If you're looking for a book to learn about socially acceptable manners, and a sense of awe or "wow, that was a great read," this is not the book for you. If you want to read something that will make you laugh out loud this is more up your alley.

## Spelling Bee Inspires More Than Just Spelling

sarah prier  
staff writer

Spelling bees are not usually the place to find comedy, singing, and dancing. At the Clarke drama department's upcoming production "The 25th Annual Spelling Bee" the audience can expect all of those and much more.

"The 25th Annual Putnam County Spelling Bee" is a musical that was first presented on Broadway in 2005. The play is about a group of pre-teen Putnam county "outsiders" and their personal journeys to escape childhood and find an adult identity. Throughout the play each character competes in the spelling bee and learns a lot more than how to spell.

"What makes the play awesome is the quirky characters," said Alison Ott, Clarke sophomore drama major who plays the youngest of the spellers,

Logan Schwartzandgrubbeniere.

"I love playing Schwarzzy because she is so serious about competition but has a lot of issues with her parents, her lisp and her political awareness."

The subject matter of the play is easy for everyone to relate to.

"We can all relate to the bumpy road of adolescence, feeling like an outsider, and struggling with the pressures of what it means to be an adult," said Joe Klinenberg, professor of drama and director of the play.

"The songs are hilarious and touching and audiences are sure to find themselves moved in many ways by these endearing characters and their stories."

This musical is not for all audiences. The subject matter can be inappropriate for young audiences. The play is more

appropriately rated PG-13.

The play will be performed in Terrence Donaghue Hall on April 22-24 at 7:30 p.m. and April 25 at 2 p.m. Admission is free for faculty, staff and students. Non-Clarke students pay \$8. Senior citizens pay \$10 and Adults pay \$13.

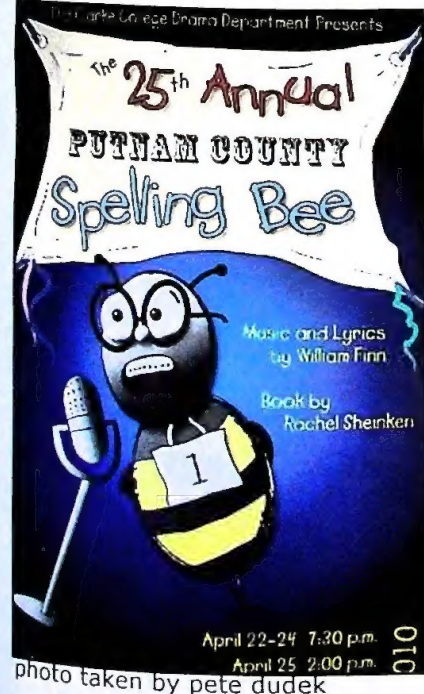
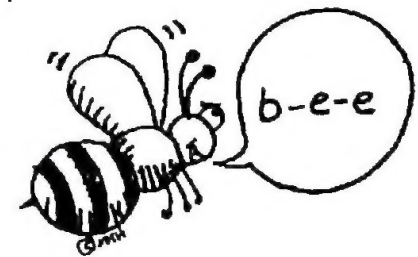


photo taken by pete dudek

	What is the last song you listened to?	What was the last movie you saw?	What book is on your night stand?	Who is your favorite player on the Men's Volleyball team?
Becca Brown Freshman Comm/Business Major	"If it Means a lot to You" by A Day to Remember	"Hide and Seek"	"The Lucky Ones" by Nicholas Sparks	Tyler Oehmen
George Reed Sophomore AT/Psychology Major	"Video Phone" by Beyonce	"Up in the Air"	"The Freedom Writer's Diary" by Freedom Writers	Alex Wilharm
Ben Dolan Freshman Education Major	"A Whole New World" from "Aladdin"	"The Fourth Kind"	"When Bad Things Happen to Good People" by Harold Kushner	Tyler Oehmen

## Media Watch

samm mammoser  
sports editor



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# ARTS ETC.

April 15, 2010

## Irony comment in "One Big Happy Family"

aaron rhomberg  
staff writer

I got a lot of comments by people who viewed it. They were scared of me and thought I needed therapy, and wondered if my family was really like that. Then they read my proposal about how everything is not what it seems," says Patsy Goffinet, whose recent senior exhibit titled "One Big Happy Family" dealt with the facade that a family may put up when dealing with problems inside the home.

Patsy is majoring in fine arts and for her senior exhibit she wanted to explore the fact that there is no perfect family. People may act perfect in public, but at

home the struggles and stress of a family are evident. Patsy began working on the project last summer by watching shows such as "Leave it to Beaver" and "The Brady Bunch." She feels that when a facade is put up, it is a form of camouflage to hide the problems that a family is going through.

Besides the TV shows, another influence on her was her favorite artist, Scott Brooks. "He inspires me, he does contemporary art that distorts the face and shows a darker side," she said.

"The first painting I did for my exhibit was of a boy who had wrinkles on his face which symbolizes growing up too fast," Patsy said. "Kids today want to be older and follow their friends and that was the basis for this project."

Patsy said that the reason for the paintings looking dark and the sinister grins is to show the side of family life that most people never see. She said that when people look at the paintings from a distance, they look like typical portraits, but when viewers get closer, they see the darker side of the subject.

Patsy said the setting of an actual living room that she created for the exhibit could be anyone's house. "One of the challenging parts for the set was going through my house and looking for what would reflect a typical family," she said. "I didn't want to copy anything that was seen on television, but



A "real" family portrait from the exhibit, "One Big Happy Family."



photo by lisa gibbs

The furniture of the exhibit added to the family-like atmosphere.

have it look like a stereotype of a happy place."

Though Patsy is majoring in art, this is the first time an audience outside of her family has seen her work. She said she wanted to show that just because she is a happy, bubbly person doesn't mean she can't show something that is opposite of her.

"I wanted to put everything out there and show people there is more to me and not to stereotype me," she said. She also hopes that with this work she will have people taking a second look at her and her work.

When the big night of the exhibit opening came on February 26, Patsy was nervous about what her family would think since only her parents had seen the work in progress. When other family members saw the exhibit, they gave their support to her.

"I wish I could have created more paintings," she said. "I wanted to add more ideas that included family relationships and the relationship dynamic of siblings."



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Happy Family

photo by Lisa

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summer courses.

your options at  
rke.edu/summer.

# SPORTS

April 15, 2010

## Hitting her stride: Clarke Golf's Jodie Muth

elliott carr  
staff writer

Junior Jodie Muth has been one of the success stories of the Clarke women's golf program. She recently finished third at the Loras College Invitational, shooting an 87. She continued this strong form, shooting a career low 85 at the Mt. Mercy Invitational the weekend of April 11-12. Jodie was introduced to the game of golf at 6 months of age, when her dad brought her onto the golf course in a car seat. She has been on golf courses ever since, having played basketball and softball along the way.

The Onalaska, Wis. native is the type of player any coach would love to have. "Jodie's game consists of hitting solid golf shots with purpose most of the time," Golf Coach Rick Arrington said. "Off the tees, she is as good as anyone and her putting is above average. She is a great addition to our golf program and I would like



to have three or four more just like her."

Jodie did not originally come to Clarke to play golf, but rather softball. After suffering a devastating ACL injury that put an end to her softball career, she approached Coach Arrington about joining the golf team, a move that has paid dividends for the program on and off the fairways.

"Jodie has been and continues to be a solid performer for us" said Coach Arrington. "She is currently playing in the third spot in our line up, shooting in the mid 80s to the low 90s. She meets and greets golf recruits on a regular basis, giving college tours to prospective Clarke students."

While obviously a major contributor on the course, Jodie is also a great teammate and admired by her peers.

"Jodie is very willing to help someone in need," said team-mate Ashley Johnson. "I know that she thoroughly enjoys majoring in social work and will definitely change the lives of the people she helps in the future. She is also a very funny individual who enjoys making people laugh."

Outside of golf, the social work major enjoys hanging out with friends, buying new shoes, playing Mario on the Wii and Sumo wrestling. She is a big Phil Mickelson fan.

Her goals for the remainder of the season and beyond include shooting below an 84.

We can expect more strong performances from Jodie and the rest of the Clarke women's golf team, which include Ashley Johnson, Megan Chitty, Erin Hauser, and Renee Cooper. They tee off next at the Clarke Invitational, beginning on Saturday, April 17.



### "Wii" would like to train

## Does videogaming provide exercise?

tyler oehmen  
assistant sports editor

The war between gaming consoles will never end. It is a battle with each new console one-upping the last. The Wii, using its motion sensor technology, seems to have done that the most recently. The main difference between the Wii and all other gaming consoles is that it uses motion sensor technology, and everything you do with your controller, the game does.

The Wii was first released in 2006, and by September 2007, it had surpassed Microsoft's Xbox 360 as the number-one gaming console. The Wii had sold more consoles than the Xbox 360 and Sony's PlayStation 3 combined in the first half of 2007. But in the rapidly growing field of gaming, Nintendo needed a way to stay on top of the game.

In late 2007, the Wii Fit was released, a game designed to help people increase their fitness and overall health. In a little over a month the Wii Fit had sold over one million copies. For many people, it was a way to get exercise indoors without having to go to a gym. Others viewed it as an excuse not to leave the living room.

"I love the Wii," says sophomore psychology major Elijah Wedwick. "I like to play the fun games and challenges, but I don't think it should be used as a main source of exercise. I see it being used as a possible alternative to exercise, for example, on a rainy day, and it should only be used for fun or a temporary substitute for exercise."

As people continue to use the Wii and the Wii Fit game, more and more discover new ways to improve several areas of strength and balance.

With the Wii Fit program you receive a calendar based on your body type with a goal for a certain category such as weight or balance. Today,

the Wii Fit can be found as a game at a friend's house for fun or at a retirement home for gentle exercise, and even at military bases. The Finnish Defense Forces ordered hundreds of the Wii Fit and put them around the country at bases to inspire soldiers to exercise more in their free time.

"The Wii fit is a lot of fun," says freshman athletic training and physical therapy major Mary Collier. "It's great to play and have a good time. My favorite is the hula hoop challenge. I'm apparently really good at it. But I really can't see how it can be used as a source of good exercise."

A growing trend at Clarke is having the Wii Fit here in student's dorm rooms. "The Wii is amazing," says sophomore psychology major Jared Courtwright. "Wii Bowling is the best game ever!"

Some people see the definite positive outcome of the Wii Fit. "It brings a new demographic to video gaming," says senior business major Ethan Holly. "It also teaches people about posture because many of us have bad posture."

As with all video game consoles, the Wii will continue to grow until the next state-of-the-art console debuts in stores. Until then, the Wii will rule the video game fitness world.



Clarke students Amanda Crawford and Cassidy DeWitt try their hand at Wii Boxing.

## Men's VB season ends, looking forward to future

justin haas  
staff writer

The Clarke Men's Volleyball team's regular season has come to an end. After finishing third in conference play, the team was beaten out on a chance to go to the National Tournament in Davenport, Iowa, by Park University.

After a record-setting season, the team ended with a 25-11 record on the season. For the first time in the program's history at Clarke, the team won 20 games. The record-setting victory came against Hannibal-LaGrange back on March 26. "It was pretty awesome we were able to win 25 and break the record from last year," said junior nursing major Matt Redman.

The team won 18 games last season, which at that point was the record for most wins in school history. While only losing three seniors this year, the program is set to reload for next season. "We are returning every starter. We'll be a stronger team and hopefully win conference," said Redman.

First-year coach Kris Dorn's inaugural season couldn't have been scripted any better. Breaking school records, placing third in conference play, and setting the team up for a chance at the national tournament has all been accomplished in Dorn's first year on the job. The New York native brought the theme of "brotherhood" to the program along with strategies and methods different from those of the past.

"I'm really looking forward to jumping into things next year. We won't have to be learning a new system because we'll just know it," said junior sports management major Alex Wilharm.

According to Redman, one of the key differences in this year's squad compared to previous years is the ability levels. "Overall, we had just a lot of strong talent this year compared to years past. This was the first year where we were equal to or better than the opposing teams' players."

This year's team just set the bar for future teams. While the players enter the offseason, one can't help but be excited and anxious for next year's squad to do it again.



# EXTRAS

April 15, 2010

## Preparing for Final Projects

tina fry  
campus life editor

**Warning:** the article you are about to read has been written about 12 hours before the Courier went to press. I sat on my bed and wrote it, peppering it with whatever wit I could muster and hoping against all hope that the sentences were coherent. Like many Clarke students, I am a chronic procrastinator. With final projects due in a mere 15 days, procrastination is definitely a hazardous behavior. Myra Benzer, Learning Center Specialist, feels the procrastinators' pain and is more than happy to help give students the confidence to break bad habits in order to create successful final projects.

First of all, you must find out whether the project is an individual project or a group project. It is very important to find out as soon as possible, as there are huge differences in the dynamics.

In group projects, the work is usually divided and then presented. "It's important the sections connect with each other," said Benzer. "Good transitions are also important, as well as the presentation having one voice." That means that the same tone is used throughout the presentation to make the information more understandable.

"Working with a group is important because every-

one will have to work with groups later," said Benzer. It doesn't matter what profession you go into, you will have to work with others eventually, and you don't get to pick the groups in the real world.

With individual projects, a different approach must be taken. "Break your project down into more manageable pieces," Benzer says. Any task seems daunting, especially when you look at the whole thing at once. By tackling the task in small chunks over a few weeks, you can create a high-quality project without being overwhelmed.

General Education courses often require individual projects. At times, students feel that what they learn in such classes will never benefit them in the future. According to Benzer, "relate the project to your major." By making it pertain to your future vocation, you can be more focused on the project and the project will be more meaningful.

"Have a neutral person listen to the presentation," said Benzer. "That way, you can find out if the project makes sense, is clear, and if any gaps of information need to be filled in." By presenting to an impartial person, you can be sure that the presentation

is at the audience's level and is not over their heads. No matter if you are working on an individual or a group project, there are some rules that work for both. "Be sure to familiarize yourself with the topic," said Benzer. "Also, make sure you have a narrow focus." Having too broad of a topic can result in having to present too much information. Just remember to make sure the topic is narrow enough so you can properly cover it in whatever length of time you have available. The final tip cannot be overemphasized: "Practice, practice, practice!" said Benzer. The more preparation that is done for the presentation, the more at ease you will be.

By remembering these tips, even the most hopeless procrastinator can create a successful project while avoiding a finals-induced stress headache.

For additional help preparing your final projects, feel free to set up an appointment with either Myra Benzer (myra.benzer@clarke.edu) or Julee Albers (julee.albers@clarke.edu), Coordinator of Student Academic Success, in the Learning Center.

## On the Street What's your strategy for surviving finals?

heather jansen  
staff writer



**Callie Fitzgerald**

*Sophomore psychology major*

"Chocolate! Some up-beat music helps to keep me from going crazy. Lady Gaga and the Beatles usually do the trick."



**Alex Kelsheimer**

*Junior athletic training and biology major*

"Run laps around the library. Help to de-stress myself and refocus."



**Nate Bingham**

*Freshman kinesiology major*

"I plan on studying for my tests the night before. I also plan on late nights in the library, maybe pitch a tent in there; anything to get the job done."



**Racheal Smith**

*Junior athletic training and physical therapy major*

"Listen to music and talk with friends to help me relax."

## Honors House, continued from page 1

There is a kitchen area with a microwave, an oven, and a refrigerator, as well as a full bathroom and individual study rooms upstairs. However, once the painting was done and furniture in place the house has not been heavily used outside of the weeks leading up to midterms and finals.

As a study and research area, the house does not have wireless Internet. Also, as a hang-out, the house lacks a television or any other way to watch a movie or listen to music. "The only things in the house are food and furniture," said Andy.

All Honors students have access to the house, but they are required to sign a contract prior to them gaining access. The contract sets out rules and the students sign on to live by them. A few of the rules include the basement being off limits, hours of operation and the code cannot be given out, even to other Honors students.

The viewpoints on the idea of having an Honors House vary depending from student to student.

"It is cool that they have their own place, but it doesn't really affect me," said Junior David Eck.

Kim Lyon, a sophomore art and music major, feels that the rules regarding the Honors house are fair. "I do use the house on occasion. It's a really nice place to come and work on stuff away

from people and noise," said Kim. "It's peaceful."

Also, some students in the Honors program, like sophomore biology major Katrina Moyna think people who have received high GPA's for a couple of semesters should be allowed access into the Honors House, not just Honors students.

Student feedback has been a great indicator of what needs to be done to ensure the house is not going to waste.

Kate Sutton, Honors Program Director and biology professor, is making strides to address some of the issues with low attendance. "The biggest issue is making the house wireless," said Sutton. "It has finally been determined that the Honors House will need to go on Mediacom for Internet. I plan on that starting in September. That is what the students want and need to make this space functional for them."

Sutton also says that the house has seen increased use, with three to six students signed in for hours at a time. She also says that the freshmen who have been accepted into the Honors Program, 19 of them, are enthusiastic about the house.

When it comes to the house being a place to de-stress, there are several plans to make the house more complete.

"We hope to have a TV and white-board in by semester's end," said Sutton. "Funding can be a prob-

lem and constraints carried over from last year. "I also plan on starting a library at the house. I'm not sure how it will work, but I hope to include selections from faculty and administration that will intrigue the students."

In addition to the planned improvements, the house has just received a sign designating it as "The Honors House," making it a visible and marketable place on campus.

It's a beautiful house in great condition, but at the moment lacks the resources for which it was intended. There are a vast number of students developing interest and plans in place for improving the overall quality as a study and stress-free zone, the Honors House is on a roll toward reaching its full potential.



photo contributed by andy bishop